Demographic Estimating Conference
Executive Summary
June 22, 2026

The Demographic Estimating Conference met on June 22, 2026, to adopt a new population forecast. The downwardly revised estimates reflect data releases since the conference held in December 2025.

With respect to natural change, the forecast incorporated provisional calendar year 2025 vital statistics. These data showed both fewer births and a lower number of deaths relative to expectations at the last conference, but deaths continue to exceed births. This has been the case every year since the state's 2020-21 fiscal year, meaning all of Florida's population growth is due to positive net migration.

In this regard, the Conference made no change to its forecast for net international migration; however, the Conference lowered its April 2026 estimate for net domestic migration based on the most recent data. This erased a portion of the annual increase that was embedded in the prior forecast. Effectively, the Conference assumed this change to the baseline is persistent and will feed through to all remaining years of the forecast (shown as the change from the prior forecast in the table below).

Overall, the forecast maintains the pattern that the Conference has long been expecting, with growth slowing modestly each year. The end of the decade continues to be an inflection point with the entry of the final baby boomer cohorts into retirement. As shown on the table below, year-over-year growth first drops below 1.00% in 2032.

		Change from the Prior Period		Change from the
April 1	Population	Percent	Numeric	Prior Forecast
2020	21,538,187	1.64%	348,338	0
2021	21,898,945	1.67%	360,758	0
2022	22,276,132	1.72%	377,187	0
2023	22,634,867	1.61%	358,735	0
2024	23,014,551	1.68%	379,684	0
2025	23,379,261	1.58%	364,710	0
2026	23,708,635	1.41%	329,374	-19,470
2027	24,018,133	1.31%	309,498	-25,436
2028	24,314,412	1.23%	296,279	-31,453
2029	24,596,952	1.16%	282,540	-37,684
2030	24,865,263	1.09%	268,311	-43,765
2031	25,119,490	1.02%	254,227	-49,787
2032	25,359,482	0.96%	239,992	-55,864
2033	25,585,044	0.89%	225,562	-61,808
2034	25,798,101	0.83%	213,057	-67,648
2035	26,001,185	0.79%	203,084	-73,426
2036	26,194,402	0.74%	193,217	-79,137

For the five-year period beginning April 1, 2026, and ending April 1, 2030, population growth relative to the prior year is expected to average 297,200 net new residents per year (814 per day), representing an annual compound growth rate of 1.24% over this time horizon. These increases are analogous to adding a city larger than St. Petersburg, but smaller than Orlando every year.